



THE FLAME

*The Federation of Jewish Women's Organizations of Maryland
Lighting the Way for Jewish Women Leaders • Established 1916*

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The Federation of Jewish Women's Organizations of Maryland

Cybersecurity: Are YOU protected?



- What is Cybersecurity?
- How can we protect ourselves?
- What should you do if you get hacked?

Featuring
Chris Greco

*Author of "Cybersecurity for
Silver Hats"*

September 6, 2018

9:30 am — 11:30 am

North Oaks

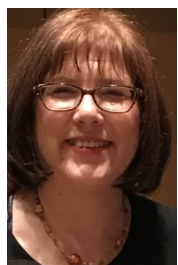
725 Mt. Wilson Lane, Pikesville, MD 21208

Light Continental Breakfast
(Dietary Laws Observed)

Deadline for reservations: August 27th. Contact Rochelle Bohrer:
410-922-9672 or rochellebohr247@gmail.com

Social Action: Bring gift cards from Target, Giant, etc., each with an envelope and "thinking of you" note so recipients will know the community cares. See page 5 for more information.

Message from our President



Welcome all as we start a new year of Federation and our programs. I am very excited to be serving as your new president. We are about to begin the High Holiday season, starting with the Jewish New Year. This is a perfect time to reflect on how we as leaders perform our duties.

On the second night of Rosh Hashanah, it is customary to try a new food item, usually a fruit. We say the shehechyanu blessing and appreciate the opportunity of renewal that comes with every new year. Similarly, many of us who are tasked with planning and creating programming as well as providing leadership are energized by the New Year. It is a chance to reach out, to learn and to create something new and exciting.

Another common tradition is dipping the apples and challah into honey for this holiday. The honey, an ancient symbol of strength and a source of sweetness, embodies our wishes for the coming year. Honey is the sweet product of the collective within the beehive and therefore can be seen as symbolic of the potential sweetness and strength found within community. Put into the context of Federation, when we as individuals merge together

we can accomplish amazing things. This is what Federation is all about. When we dip into the honey this holiday season, let's keep in mind the sweetness and strength that can be created when we work together.

At the well-attended President's Reception, we talked about volunteering and what gets people engaged. We gave the presidents the chance to vote on topics of interest for the upcoming year because we want to encourage them and their organizations to get engaged with Federation. We have been taking this feedback and using it to plan our year. We are trying to reflect on the needs of our organizations, and what issues needed to be highlighted and addressed in order to empower our constituents with the ability to go forth in this new year and fulfill their aspirations for themselves and their organizations.

As we start the new year, I hope that we all can continue to engage with each other. Through knowledge and support of each other, we go from strength to strength in supporting ourselves, our families, our organizations and our community.

Shana Tova, *Linda Boteach*

102nd Annual Convention—Passion to Action—Revisited

Thanks to a wonderful committee, Federation's 102nd Annual Convention was a great success. What a beautiful day. The two Rabbis/Chaplains Irving Elson and Heather Borshof were very interesting and informative and were well received by the audience. Vivian Bass, our Keynote Speaker, presented a thought provoking speech and related well to our theme "Passion to Action." The menu was perfect and the food delicious. Congratulations to our well deserved E. B. Hirsh Award winner Jo-Ann M. Orlinsky and our honorees.



Morning program was about Serving Jews Who Serve: Jewish Chaplains Council. With panelist: Rabbi/Chaplain Irving Elson and Heather Borshof. Moderator: Paula Hollinger.



102nd Annual Convention Co-Chairs: Karan Engerman and Edie Meyers giving opening remarks before the luncheon.



We surprised Betty Seidel with a birthday cake.



Marcia Bornfriend and Eve Vogelstein take a moment to document this special day.



Our presenters:
 Helene H. Waranch, President, and
 E. B. Hirsh Lifetime Achievement Award
 winner, Jo-Ann M. Orlinksy.

Honorees (not in order of appearance):
 Beverley Fishman,
 Carole Fradkin, Carole Wilder,
 Susan Hackerman, Ellen Naftaniel,
 Sheila Jay, Jan Helper, Linda Katz,
 Ellen Weiss, Ellen Gottfried,
 Jane Kaufman, Sheila Mentz,
 Rosalind Asch, Erma Caplan,
 Deverah Routman, Lynn Lederman,
 Arlene Block, Joan Goudy, Nina Ungar,
 Lois Schworm, Darla Lansman and
 Arlene Mazer. (Not shown: Sherri Bell and
 Barbara Bloom)



Linda Boteach's acceptance
 speech.

Rochelle Bohrer
 introduces all
 the honorees of
 our constituent
 organizations.



Harriet L. Meier, MD installs the new board.
 (R - L) Helene H. Waranch, Linda Boteach, Sheila
 Derman, Marcia Bornfriend, Linda Roedel, Ann
 Fishkin, Rochelle Bohrer, and Arlene Mazer.
 (Ferne Rogow not seen in photo.)



Save the Date for Federation's 103rd Annual Convention

On Thursday, May 23, 2019, the convention will take place at Temple Oheb Shalom.

Edie Meyers and Maxine Kontoff will be the Co-Chairs for the day's festivities.

See you at the convention!

Serv-A—Serving Jews in the U.S. Armed Service

Serv-A is Federation's only long term social project. Funds contributed for this purpose go directly to the Jewish Welfare Board and the Jewish Chaplains Council. The funds are used for the religious, social and spiritual needs of Jewish personnel in the U.S. military.

One of the chaplains, Emily Rosenzweig, remarked:

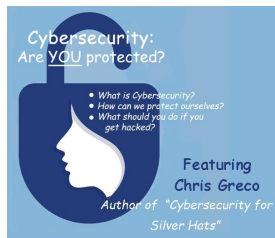
"I was sent to lead High Holiday services for the 20 Jews on board the USS George Washington, an aircraft carrier operating off the coast of Guam. When I arrived, I saw that there was no Torah scroll, so I requested one from the JWB...Jewish Welfare Board. They managed to get the scroll safely shipped halfway around the world in time for Kol Nidre. It was amazing."

Chaplain Emily Rosenzweig, LT, CHC, USN

September 2, 2016, 29 of Av, 5776

Your generosity to SERV-A helps the Jewish Chaplains Council get what is needed to the service men and women where they are stationed. Thank you member organizations, as well as individuals, for your donations during this High Holiday and fall festival season. May it be a Happy, Healthy and SAFE time for all.

Susan Grilli, Chair



Opening Meeting: Are You Protected?

Please join us for the September 6th meeting at North Oaks at 9:30 a.m. In this modern internet world with the cybersecurity threats all around us, we need to know how to protect ourselves and what to do if we are hacked.

We are honored to have Chris Greco address us on this informative topic. Chris is a retired Air Force Intelligence officer and a certified cybersecurity professional who has been battling everything from viruses to insider threats for over 20 years. In the past year, Chris was awarded the Information Security Leadership Award for the United States from an international cybersecurity organization. This award was presented to him for his work teaching senior citizens and for his training program, "Silver Hats."

Be sure to take this opportunity to learn how to protect yourself and your loved ones both online and in life. Please RSVP to Rochelle Bohrer at 410-922-9672 or rochellebohr247@gmail.com. Hope to see you for this informative program and a light continental breakfast. All members of our constituent organizations are invited to join us without charge.

Technology Advice by Eve Vogelstein, webmaster

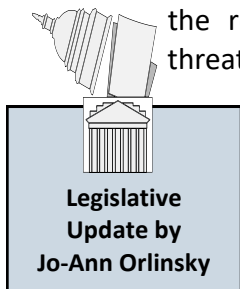
Is Your Organization Connected?



I have been approached by various organizations asking about how to get a webpage. In today's world, if you do not have a presence online, you are pretty much invisible to the world outside of your organization. There are many online companies that assist you in setting up a website without the cost of a private web designer. They supply the template, which is the design and framework of your site. All you need to do is fill in your information. If you are comfortable using Microsoft Word or the Apple version on your computer, you could make your own website. I suggest you visit <https://www.squarespace.com/> or <https://www.1and1.com/>. They will firstly help with setting up a Domain name, the name of your website. From there, you can view their samples and prices to see what works for you and your organization. It's time to make the step into the world of technology, go ahead, don't be afraid. I am here to help you :)

Women's Health is Front and Center

Our country is beset by contradictions and complicated issues; large cuts to funding for Medicare, Social Security and Medicaid. The end of ACA (Obamacare) looms in the near distance. Congress has already cut out the requirement (mandate) to have health insurance, reduced the core requirements and threatens to cut off payments to ACA insurance companies for pre-existing conditions. Poor women and women's health will be hit hard by any/all of these changes. Now the President has proposed cuts to Title X (family planning) of the Public Health Service Act along with a "gag" rule on health centers. Title X funds breast and cervical cancer screenings, testing for sexually transmitted diseases (STDs) and birth control. Title X serves 4 million people, many of whom are low-income. In Baltimore City, Title X funds 23 health department clinics. Teen pregnancy in Baltimore has decreased 61% between 2000 and 2016. Title X does not fund abortion services.*



The "gag" rule will prohibit providers from referring patients to legal, reproductive health choices or even to discuss them, providing patients with incomplete information. Providers can give out a list of health centers, but the patients must find out for themselves the center that provides the care they need.* Planned Parenthood of Maryland in 2016 served 30,000 patients: 31,000 STD tests, 11,000 pregnancy tests and 8,000 well woman exams were performed. 20,000 patients received birth control.

Last year, the Maryland General Assembly took several steps to attempt to mitigate the impact of the projected federal changes. Legislation was passed (HB1083) requiring the Governor to provide funding to replace cuts to Planned Parenthood health centers, but the Governor must choose to include the funding in his 2020 budget.

When the legislature returns in January, it will look very different from the last one. In the Senate, 3 committee chairs lost their primary elections and the Senate (currently) only has 4 committees. In the House, the powerful judiciary committee chair will also change.

In closing, this is a reminder of how important a new Justice will be to the Supreme Court. This justice's decision could lead to the overturning of Roe v. Wade and could throw such decisions back to the states. We are all somewhat protected in Maryland by a law embodying many of the principles of Roe v. Wade. However, the Governor will have significant power to submit new laws or to promulgate restrictive regulations. It is important for voters to know where each gubernatorial candidate stands on these issues. Every vote counts.

This year's primary election points out how diverse we are, even in "blue" Maryland. Baltimore, Howard and Carroll counties saw primary elections decided by only a few close votes. Every vote counts.

The general election is November 6th. Early voting begins on October 25th.

*Leana Wen, *Op Ed, Baltimore Sun July 8, 2018.*

CHANA and Gift Cards

Federation's social action project for our fall meeting will support CHANA by collecting gift cards from Target, Giant, etc. These cards will be dispersed to clients of CHANA who have experienced abuse and other forms of trauma and will enable recipients to purchase items that meet their basic needs of daily living which too often are difficult for survivors to afford. To hear a woman say she is hungry is hard. May none of us never know what it is like to experience hunger. Not only will these contributions provide financial assistance, but they also serve to remind these women that they are not alone.



Under Our Umbrella

The Flame is happy to highlight your organization's events. Submit your information to Elissa Ness, easelthew@aol.com. Bring your flyers to each meeting so they can be placed on a table.

ADAT CHAIM SISTERHOOD

Sunday, October 14, 2018- A Tour of Historic Frederick and nearby Brunswick. Take in the beautiful fall colors. Docent led driving tour of Historic Frederick with a stop at Francis Scott Key's Grave. Then onto Brunswick to visit the C&O Canal Visitor Center & Heritage Museum. Enjoy a walk on the C&O Canal tow path. Bus leaves Baltimore Hebrew Congregation parking lot located at 7401 Park Heights Avenue, Baltimore, MD 21208, at 9:45 am sharp and returns around 4 pm. Tickets are \$40.00 which includes a kosher box lunch of tuna fish or egg salad. Any questions please call Harriet L, Meier, MD at 410.833.8822.

BETH EL SISTERHOOD

Wednesday, August 22- 12 Noon, Biblio.

Thursday, August 23- 7:00 pm, New Member Orientation.

August 26- 11:00 am, Opening Brunch in honor of our 70th Anniversary. Rafael Alvarez, speaker and well known television writer and journalist.

Registration due by Friday, August 17th. For further information, contact Marcia Boonshaft at boonshaftjm@gmail.com or 410-653-9435.

Wednesday, September 26- 12 Noon, Biblio.

Sunday, October 7- 2:00 pm, The History of Beth El Sisterhood 1947-2017 Archives Presentation.

Wednesday, October 24- 12 Noon, Biblio.

BETH TFILOH

October 9, 2018- Day of Games and Lunch 12 noon to 4:00 pm. Call Ellen Karp 443-660-7690 or email ellenkarp@hotmail.com or Brenda Pariser 410-363-8903 or parisb@juno.com. Cost \$20.

October 21, 2018- Trip to Spy Museum and Portrait Museum. Leaving from Beth Tfiloh at 8:45 am and returning at 5:00 pm.

For information call Ellen Karp 443-660-7690 or Myra Hoff 410-848-0793. Cost is \$60.00. Reservations must be in by September 20th.

Register online or send check to Beth Tfiloh Sisterhood, 3300 Old Court Rd, Pikesville MD 21208.

Note Sisterhood trip on the envelope. Men welcome.

October 23, 2018- Sisterhood/Mercaz Event for opening meeting. Speaker on Elder Abuse from CHANA.

November 18, 2018- Annual Boutique. Time 10 am—5:00 pm. Clothing, art, Judaica and silent auction. Food available for purchase.

November 27, 2018- Lunch Bunch 11:30 am Beth Tfiloh Puppeteers Chanukah Show co-sponsored with Mercaz.

December 11, 2018- Annual donor dinner honoring Sonia Maltinsky.

December 15, 2018- Annual Sisterhood Brotherhood Bingo Night. Call Roselyn Kalb 410-486-3456 or Harry Kessler 410-653-0085 for information.

January 22, 2019- (snow date January 28) Day of Games and Lunch 12 noon to 4:00 pm. Call Ellen Karp 443-660-7690 or email ellenkarp@hotmail.com or Brenda Pariser 410-363-8903 or parisb@juno.com. Cost \$20.

BRANDEIS NATIONAL COMMITTEE, BALTIMORE CHAPTER

Check our website for additional info and our Live and Learn Booklet with 30 classes at:

blogs.brandeis.edu/bnccbaltimore.

All open meetings convene at 1 pm in the Hadassah Meeting Room, 3723 Old Court Road, Suite 205.

Our Federation Coordinators for the next two years are Ruth Casper, 443-394-1449; and Rochelle Savetman, 410-653-2856.

For more information, contact Suzanne Strutt swstrutt@verizon.net.

September 5, 2018- 1 pm - New Member Welcoming Event—Free to all, Hadassah Meeting Room.

September 13, 2018- 11 am - Opening Luncheon with author Dr. Deborah Weiner at Suburban Country Club.

September 26, 2018- all day - Bus Trip to Doylestown, PA, Pearl Buck House & James Michener Museum.

CHIZUK AMUNO SISTERHOOD

September 26, 2018- 6:30 pm Chizuk Amuno, Opening Meeting—Meet & Greet with our new Senior Rabbi—Joshua Gruenberg.

COVENANT GUILD

November 8, 2018- 11:00 am – 4:00 pm Card Party, Temple Oheb Shalom.

HADASSAH GREATER BALTIMORE

Sunday, October 28, 2018- 5:30 pm Hadassah's 360 Degrees of Healing Celebration. Cocktail Reception (by invitation only).

Monday, October 29, 2018- Hadassah Greater Baltimore's Fall Opening Meeting. Dinner and Program. Beth El Congregation. For further information, call the Hadassah office at 410-484-9590.

ISRAEL BONDS MARYLAND

November 8, 2018- Israel Bonds Maryland Women's Division Presents: The Rina L. Janet Fashion Show and Luncheon 2018 at Beth Tfiloh Congregation at 11:00 am honoring Tova Natanzon.

KAPPA GUILD, INC.

Wednesday, August 29, 2018- Dining out fundraiser at Miller's Deli, Greenspring Shopping Center, 4:30 pm—7:30 pm.

Sunday, September 16, 2018- Opening meeting and brunch buffet at Serengeti Steak House, 11:00 am.

Sunday, December 2, 2018- Guest author Miranda Mittleman will do a book reading and signing at Barnes and Noble in Pikesville from 12 noon-2:00 pm. There will also be a book fair and gift wrapping. All proceeds go to "helping children in need."

LEVINDALE AUXILIARY, INC.

August 23, 2018- Beat the heat! Come to our Snowball Party on the front patio between 2 pm and 4 pm.

October 25, 2018- The Auxiliary will be hosting a happy hour from 3 pm to 4 pm.

November 11, 2018- We will be having our Paid-up Membership Champagne Brunch. Good food and enjoyable entertainment. Starts at 11:30 am. Free to members.

MIRIAM LODGE

September 5- 12:30 pm, Opening meeting and luncheon at Temple Oheb Shalom. Program music by Sandy Livingston. \$18 for guests. Reservations to Sonia Blumberg, 410-486-2580.

Inauguration of Berkow Contribution Card.

October 17– Meeting and luncheon, 12:30 p.m. at Temple Oheb Shalom. Annual Memorial Service. Program by Barbara Blumberg "Estee Lauder, A Beauty Business Legend". \$18 for guests. Reservations to Sonia Blumberg, 410-486-2580.

October 25th, Carroll County, Maryland. Dine-Around, cost \$125. Reservations to Chair Terry Lusk, 410.764-1666.

NER TAMID GREENSPRING VALLEY SYNAGOGUE SISTERHOOD

October 14, 2018- Annual Sisterhood Yard Sale from 9 am to 2 pm. Place TBD.

December 19, 2018- Cocktails & Cupcakes (for women only). Innovative cupcake decorating demonstrations. Time: TBD.

December 24, 2018- Sip & Paint Night from 8 pm to 11 pm. Ner Tamid Synagogue, 6214 Pimlico Rd, 21209.

WOMAN OF BALTIMORE HEBREW CONGREGATION

November 3 & 4, 2018- 25th Annual Holiday Boutique. A variety of vendors, a fabulous silent auction and an all day café.

WOMEN OF HAR SINAI CONGREGATION

September 30- 9:30 am, The Social, Emotional and Psychological Transition to One's Senior Years. Diane Whittles, Social Worker, North Oaks Community.

December 2, 9:30 AM - The Woman's Hour: The Great Fight to Win the Vote, Elaine Weiss, author.

Federation is Available to Visit You

Each member organization can invite a Federation officer to visit one of your meetings to learn about Federation and what we can do for you. Call

Karan Engerman for more information at 443-570-6435.



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Federation Calendar

Save the Dates:

September 6, 2018, Opening Meeting

November 8, 2018, Dinner Meeting

January 24, 2019, Mid-Winter Conference

March 28, 2019, March Meeting

May 23, 2019, 103rd Annual Convention

Become a Friend of Federation



Send check for \$18 to Ann Fishkin.
Remember to designate "Friend" on your check and complete the form on your right.

FRIEND OF FEDERATION FORM

Your contribution of \$18 a year allows you to receive all Flames, the annual directory and all mailings. You also help to underwrite Federation's meetings. Thank you for becoming a Friend of Federation.

Name _____

Address _____

City _____ State _____

Zip code _____ Phone _____

Email _____

Organization _____

Make your check payable to:
The Federation of Jewish Women's Organizations of Maryland
Please mail check to:
Ann Fishkin, Treasurer, 6501 Trotwood Court ,
Baltimore, Maryland 21209

Email: info@jewishwomensfed.org
Phone: Rae Shalowitz: 410-484-7437
Visit us at www.jewishwomensfed.org



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